



Leadership Master Class 2017 – Program Details

How does it all work?

At the heart of the Leadership Master Class are monthly two hour group coaching sessions.

Experienced, like-minded and like-challenged leaders meet in a safe, confidential environment to discuss their most urgent and complex challenges. All led by an expert leadership coach.

There is no strict plan we follow. Because every day as a leader is different, every session will be different. You are firmly in control of what happens at the meetings, because everyone in the group will have different needs.

That said, there will be two core areas of focus, as they are proven to enhance leadership:

- **Leadership Behaviors.** Even just being in the group will give you unique perspectives on leadership, from the different styles and approaches, background and experiences of the members of your group. Not only that, you can get personalized information on yourself through proven assessments (see below)
- **Exploration and Implementation.** The group will ask powerful questions that give you new insight into the challenges you face, helping you become an even better leader. You will gain new perspectives instantly from leaders you trust from a diverse range of backgrounds and experiences. You will gain focus and direction as you commit to actions.

There will be maximum five people in each class, and you can choose to either join a **virtual** class, or one that meets in person in **Bangkok**, and in **Tokyo**, respectively.

Optional Assessments

You can develop new awareness about yourself as a leader, drawing on proven assessments that can give you new insights into what drives your behavior.

Included in this course are [Voices® 360 Degrees Feedback](#), [Hogan Lead](#), and the [Myers-Briggs Type Indicator® MBTI®](#). However, you are firmly in the driving seat, so they will be used only if you feel it will add value to your leadership development.

All feedback is given in individual, confidential sessions.

What's happening in between sessions?

For the most part, you will act upon what you have learned. But you're not alone! There will be a confidential, **closed group platform** where you can get advice, be supported in completing the actions you committed to, access resources and more. With your phone in your pocket, you have access to support wherever you are.

What are typical subjects we will be working on?

Each leader, each group is different, and so is each session. In past classes though, subjects on top of the list were: motivating self and others, leading change, decision making, influencing skills, inter-cultural leadership effectiveness, life balance, and many more. You decide what to focus on.

What Difference Can It Make?

Here is what leaders from other Leadership Master Classes said:

"I've been part of the Leadership Master Class for two years. It is a platform to reflect on how you are performing. It allows you to share and discuss challenges in a positive, constructive and confidential environment with like-minded people who face similar obstacles. Sharing, talking about leadership principles, discussing challenges, helped me to put things in perspective and solve my most pressing leadership challenges." — Bert Ruytinx, Division Head, Covestro

"It was great to get an instant combined perspective from different angles. This environment has accelerated my learning and ability to clarify complex issues from different perspectives., I gained much more than I thought I would from Gerrit's Leadership Master Class. I certainly feel that I am a better, more skilled leader as a result. " — Ross Campbell, Director, Tesco Lotus

"Since joining a group coaching experience, I discovered that it offers benefits that are difficult to recreate in any other type of forum. The Mindful Reptiles Leadership Master Class helped me broaden my perspective, and build some important coaching and thinking muscles. The diversity of the group was extremely powerful to help me resolve issues at work. Ultimately, being around other like-minded individuals trying to raise their own personal bar is empowering and helps me to build positive momentum in my goals." — John Chu, Senior Director, IT Industry

What is expected from me?

Bring an **open mind**, a **willingness** to share your experience, a **desire** to grow as a leader and a determined **commitment** that you will attend all six sessions no matter what. Needless to say that you must also promise to keep all the group discussions confidential.

If you are thinking *"what if I am busy?"* or *"but some months are just impossible"* then maybe this is not the group for you. If you can't commit to making two hours a month available and moving your schedule around to fit the meetings in, then please don't join.

When and where will the sessions take place?

Virtual Class

Once a month starting in January 2017; dates & times will be arranged according to the needs of the participants

Bangkok: Last Tuesday of each month, starting either in January or February 2017, from 7:00 pm – 9:00 pm at [Grande Centre Point Thonglor](#)

How much is my investment?

180,000 THB (ca. 5,000 USD)

included in the package:

- six monthly group coaching sessions facilitated by a qualified coach
- optional Voices® 360 Degree Feedback, MBTI® Step II, and Hogan Lead *including individual debriefing session* by a qualified coach

And why is it called 'Mindful Reptiles' actually?

In Gerrit's first Leadership Master Class, a focus area was **mindfulness and neuroscience** in leadership. Self-awareness and mindfulness are critical for exceptional leadership. At times though, it can be extremely difficult to remain mindful. Why? Because of how our brains evolved. As humans, we still have the parts of a reptile brain, responsible for fight or flight reactions. When you are stressed, your brain can easily revert to its reptilian nature. Once the reptile brain is in control, it can cause harm to others or yourself and lead to the infamous 'was-that-really-me' reactions.

Realizing that all of us, no matter how experienced or skillful as a leader, we are still reptiles, the term 'Mindful Reptiles' was coined and stuck. **A Mindful Reptile is a leader who is aware of his reptile brain, and keeps it in check through mindfulness — thus becoming the best leader he/she can be.**

I want to join! What's next?

If you have not talked to us, yet, the time to do so is now: contact Gerrit (virtual classes, Bangkok classes) or Nick (virtual classes)

Gerrit Pelzer

Email: gerrit@vivocoaching.com

Mobile: +66-8 9811 3648

Skype: gp_bkk

Nick Pollock

nick@project2.com

+81-90 9150 5868

tokyotiger17

If you had your initial consultation already, drop us an email and we'll send you a [PayPal link](#) or the details for funds transfer.

We look forward to starting working with you very soon!

Gerrit Pelzer & Nick Pollock